MALAVIYA MISSION TEACHER TRAINING PROGRAMME

शिक्षा मंत्रालय
MINISTRY OF EDUCATION
सत्यमेव जयते

ज्ञान-विज्ञान विमुक्तये

NATIONAL INSTITUTE OF TECHNOLOGY WARANGAL

An Institute of National Importance

MALAVIYA MISSION TEACHER TRAINING CENTRE

Established under the Scheme of MMTTP, University Grants Commission (UGC), Ministry of Education, Government of India

One-Week (Hybrid) Short Term Training Programme on

Perspectives on Holistic Learning and Mental Wellbeing

2 - 7 February 2026

[First 4-Days (2,3,4,5) Residential and last 2-Days (6,7) Online]

STTP Overview:

Perspectives on Holistic Learning and Mental Wellbeing highlight the shared responsibility of faculty and students in creating educational environments that integrate academic excellence with psychological health. Learning is viewed as a multidimensional process encompassing intellectual, emotional, social, and personal development. For faculty, it promotes reflective pedagogy, empathy, and inclusive teaching practices. For students, holistic learning fosters self-awareness, resilience, motivation, and belonging, supporting sustained wellbeing and engagement.

Mental well-being is thus an integral part of the teaching–learning process rather than an add-on. Approaches such as active learning, mentorship, experiential activities, cooperative learning and open dialogue help students manage stress and build adaptive skills, while supporting faculty wellbeing through meaningful academic relationships and collaborative cultures. By aligning the well-being of educators and learners, holistic learning strengthens academic communities that balance intellectual growth with emotional resilience in complex educational contexts.



Scan the QR code to Register

Last date for Registration: 22-01-2026

NO REGISTRATION FEE

Course Contents: Holistic Learning and Wellbeing

- Planning and time management,
- Good communication skills
- Self-esteem
- Creative and Aesthetic Development
- Experiential and Practical Learning
- Life Skills Approach to Promoting Positive Mental Health, Resilience & Wellbeing in HEI's.
- Emotional and Social Development
- Yoga, Meditation and Counselling
- Ethical and Moral Development
- Common Mental Health Concerns and Prevention of Self-Harm and Suicidal Behaviors
- Pancha Kosha Theory

Resource Persons :

Experts in Psychology, Life Skills, and Voluntary organisations, as well as faculty members from IIMs, IITs, and NIT Warangal, will be invited to deliver lectures in the program.

Course duration:

There will be 6-days (36 hours) of engagement including live sessions, Hands-on sessions etc.

Certification criteria:

The participants must maintain 80% of Attendance, need to submit Assignments in time, and qualify in the final exam with 60% of marks. Candidates will be issued certificates on successful completion of the course.

Who can apply ?

Undergraduate and Post-Graduate faculties from State and Central Universities/Institute, Affiliated Colleges, Constituent Colleges, Private Colleges, Polytechnic Colleges etc. are eligible.

Selection Criteria:

Selection will be done based on first-come-first-serve to a maximum number of 50 Faculty/industry participants. **Ph.D scholars are allowed to participate**. The list of selected participants will be intimated through e-mail. There is **No Registration Fee** to attend this program.

Accommodation:

Participants requiring accommodation may book rooms at the Outreach Centre (NITW) on payment basis, as per the nominal charges prescribed by the Institute. Alternatively, rooms can also be booked at nearby hotels such as Balavikasa and Hotel Meridian on payment basis. Contact 0870-2462686 for any further details.

Note: This Programme shall be considered equivalent to One Week FDP/STP for regularization/ CAS.

About MMTTC of NIT Warangal:

The Malaviya Mission Teacher Training Centre (MMTTC) was established at NIT Warangal in the year 2015 under the scheme "Malaviya Mission on Teacher Training Program (MMTTP)" sponsored by the University Grants Commission (UGC), Ministry of Education, Government of India. Since its inception, the Centre has successfully organized various programmes in the form of NEP Orientation programs, Short-term programs, Refresher Courses, FDP programmes and one-month duration Faculty Induction Programme (FIP) for Higher Education Faculty in various theme areas of Science and Technology, Humanities and Social Sciences from which more than 8000 participants have benefitted. Other activities of the MMTTC include offering online courses, curriculum design, carrying out research in educational technology and pedagogy and integrating ICT into the Teaching-Learning process. The MMTTC NIT Warangal has been conducting various programs, online and offline following MMTTP Guidelines and UGC Regulations.

How to Apply? :

Interested participants are required to register by using the online form, link provided below, on or before Last Date. There is **NO REGISTRATION FEE.** It is mandatory to submit the **Nomination Form** from your organization to consider your application.

Registration link: https://mmc.ugc.ac.in/registration/Index

or through Google Form: https://forms.gle/JMTPwsz6fW6AG23U6

Program Coordinators

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Coordinator, UGC-MMTTC

Prof. M. Sailaja Kumari
Coordinator, UGC-MMTTC &
Head, Centre for Training and Learning
NIT Warangal

Important Dates:

Last Date of Application: 22th January 2026

Intimation of Selection: 24th January 2026

MALAVIYA MISSION TEACHER TRAINING CENTRE

NATIONAL INSTITUTE OF TECHNOLOGY WARANGAL

For Queries, Contact:
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